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PSALM 16:5-8

GOD IS MY PORTION

The word "portion" is mostly used during our meal times, like when you wish to have a bigger portion of apple pie than your sister or brother. According to the dictionary, portion means a part of a whole or a person's destiny. Destiny means what happens to someone in the future.

When David said that God is my portion and He made his lot secure, it means He let God take the biggest portion of his life so that his future was secured. David let God be his source of hope to accomplish his goal for his future.

What is your goal for your future? Maybe your goal is to enter a medicine school, so you put more effort into doing your work and studying. Maybe your goal is to be a professional basketball player, so you spend extra time in training and practising.

Regardless of what your goal is, have you decided to let God have the biggest portion of your life? If you've done so, congratulations! Because your future is secured.

Key verse:

*Psalm 16:5
Lord, You alone
are my portion
and my cup; You
make my lot
secure.*

Prayer

*Dear God, You are
my portion and
my hope. I can
face tomorrow
because You are
the One who
holds my future.
Amen.*





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PSALM 17:6-9

THE APPLE OF GOD'S EYES

David pleaded with God to keep him as the apple of His eye. It indicates that David was already aware that he was the apple of God's eye and he was praying that he would remain so. He knew how precious it is to be the apple of God's eye.

The phrase "apple of my eye" refers to something or someone that one cherishes above all others. Originally, it refers to the pupil of the eye. Pupil is located in your eyes and it is definitely one of the most important parts of our body. God created our face in such a way that the features of our face around the eyes protect the pupil of our eyes.

High cheek-bones shelter it from incoming blows. Bushy eyebrows keep sweat from getting into pupils. Eyelashes act like fences to keep all unwanted intruders out. Eyelids can shut to provide rest and quiet.

Being the apple of God's eye means that you are at the very center of His focus and protection. He loves and protects you even when you are stubborn or caught in the worst of situations. His care for you remains constant.

Key verse:

Psalm 17:8a

Keep me as the apple of Your eye.

Prayer

Dear God, I am so grateful that I am the apple of Your eye where I am assured that I am well protected under Your wings. Amen.





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PSALM 20:1-6

GOD IS OUR GREAT HELPER

When your house door is locked and you forget to bring the key and nobody is home, the person who can help you is the locksmith. When your air conditioner at home is spoiled, your parents will get help from the AC servicing man. People call upon the right person to help them in a certain situation.

Do you know that God is an every-man helper in every situation? David sought God each time he needed help regardless of what kind of situation he was facing. Just like David, believe that God doesn't just help in times of need. He sustains and gives you the strength to get through the situation.

When you depend upon someone to sustain you, you place your trust in that person. If you are dependent upon God daily, then when tough times come, God will help you and give you what you need.

Don't panic! It doesn't matter what kind of difficult or challenging situation you encounter, call out for Him and He will help you.

Key verse:

*Psalm 54:4
Surely God is my help; the Lord is the one who sustains me.*

Prayer

Dear God, You are my ever-present help in times of trouble. When I am weak, You are my strength. When I cry for help, You will answer. Amen.





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PSALM 23

THE LORD IS MY SHEPHERD

Although sheep are intelligent animals in a way, they are easily frightened and generally defenseless against predators. Sheep are also prone to wandering off and being lost.

For all the above reasons, this is easy to understand why sheep need shepherds. The shepherds will take care of the sheep so they will not wander aimlessly and become lost. The shepherds will protect them from any danger around them. The shepherds will guide them to find calm water for drinking and a safe place where they can eat. The shepherds will handle them when they are being playful and mischievous.

This is how God takes care of each of us. He makes sure everything that you need is available. He ensures you live comfortably in a good place. He leads you through the hardest moments of your life. He corrects when you are wrong. He refreshes you when you are feeling low. He guides you to righteousness so that the blessings can follow your footpath. God will protect you from any danger.

Key verse:

John 10:11

I am a good shepherd. The good shepherd lays down his life for the sheep.

Prayer

Dear God, thank You that You are the great Shepherd of the sheep and You are my good Shepherd in Whom I trust. Amen.





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PSALM 25:15-21

GOD WILL NEVER TURN HIS BACK ON YOU

At certain times in your life, you might feel lonely. Loneliness is an internal feeling. When loneliness hits you, it feels like everyone has turned his back on you. And worst of all, you might feel that God Himself has turned His back on you.

When David said to God to turn to him, he was feeling lonely and afflicted. David's heart was hurting yet he didn't complain! David was simply asking God to turn to him. He just wanted to be seen by God. David knew that as long as God saw him and his situation, that would be enough.

Do you feel lonely to the extent that you feel like God has turned His back on you today? Rest assured, God has never turned His back on you and He will never will!

Key verse:

*Psalm 25:16
Turn to me and be gracious to me for I am lonely and afflicted.*

Prayer

Dear God, I am coming to You to surrender all the lonely feeling that I am having. I wait on You because I know You will never turn Your back on me. Amen.





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PSALM 27:1-3

LET YOUR LIGHT SHINE

When you go somewhere dark, you will bring a flashlight. You need the flashlight to see things that can only be reached by light. Light overcomes darkness. When you shine the light in the darkness, the darkness will disappear.

David declared God to be his light and salvation. God was the light that led David through dark and difficult times. Darkness is the symbol of fear and distress. Light is the opposite of these. God furnished David with such light to beat the darkness.

God is the Creator of physical light as well as the Giver of spiritual light so that we can see the truth. Without His light, you and I will walk in darkness just like how the world walks. Knowing God, seeking His wisdom, understanding His truth and living in righteousness will defeat all your fear and distress.

Some people that you know might be living in the darkness. Be a flashlight for them and shine His light into their darkness so that they can see a new hope ahead of them.

Key verse:

*Psalm 27:1a
Lord, You are
my Light and my
Savior*

Prayer

*Dear God, I am
not scared and I
am going to let
Your light shine
on me. You are
the great Light
that overcomes
the darkness in
and around me.
Amen.*





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PSALM 30:4-5

GOD'S FAVOUR IS PERMANENT

When you do something wrong, your parents might punish you. After punishing you, accepting your apologies and having a heart-to-heart conversation with you, your parents' anger will subside immediately. Parents' anger towards their children usually does not last too long.

David wrote about his experience that all his fear, pain and struggle that he faced in the world were only temporary and he would never be shaken as long as he remained faithful to God. David knew that God's favour, mercy and joy were everlasting!

He said he might be crying at night in the darkness, but when the sun came up in the morning, the sunlight would cover the darkness. New joy and strength from God would remove his tears!

For those that are called according to His good purpose, God's anger is just for a very brief period of time and as long as we come to Him and repent, His anger will always turn into favour and blessings. God's favour and mercy endure forever!

Key verse:

*Psalm 30:5a
For His anger lasts only a moment, but His favour lasts a lifetime...*

Prayer

Dear God, thank You that You have turned my mourning into dancing. Help me to know that You always hear me when I call You. Amen.

