

SINCERE PRAISE

Who doesn't like to be praised? I bet, no one! Everyone feels happy each time they are complimented. Compliment is a positive thing while flattery is the opposite. Flattery is excessive and insincere praise, given especially to further one's own interests.

The difference between flattery and compliment is flattery has an insincere motivation while compliment is a sincere acknowledgement of admiration to praise someone else.

Flattery is not sincere and a praise that is given without sincereness is basically a lie. That is why we should avoid giving flattery. Flattery is harmful both to the giver and receiver. It is dangerous to the giver, because God will judge him for it as he is telling lies. It is dangerous to the receiver because it can lead him to do what he should not.

Be like Jesus who always speaks in love and always speaks only the truth, but He never resorted to flattery for personal gain. Jesus is always full of wisdom in choosing words to compliment, remind and correct His children.

Key verse:

Proverbs 29:5 Those who flatter their neighbors are spreading nets for their feet.

Prayer

Dear God, may
I be like Jesus
to only speak
the truth with
love. May all the
compliments and
praise coming
from my mouth
be sincere from
my heart. Amen.





WISDOM FROM LITTLE CREATURES

Agur, the writer of these Proverbs, listed four little creatures that God created and how much wisdom can be learned from each of them.

Ants are very tiny and weak. It can be crushed with a single toe of a human. In summer, they work diligently to accumulate as much food as possible so that during winter they won't be starving. Let's be hardworking and diligent.

The rock badgers are not strong and powerful yet they know how to live in the rocks and survive harsh conditions. Hide yourself wisely when there is threat or danger and avoid sins.

Locusts have no king but they can be very orderly and disciplined. We can learn from them that it is crucial to live in unity in the society, to be selfless and disciplined even when there is no one who supervises you.

A lizard is small and can be easily caught, yet, it is able to sneak into the kings' palaces which are heavily guarded by men. Be persistent and perseverant like a lizard.

Key verse:

Proverbs 1:5
Let the wise
listen and add
to their learning,
and let the
discerning get
guidance

Prayer

Dear God, I want to be diligent like ants, to hide myself wisely from sins like rock badgers, to be disciplined like locusts and to be persistent like lizards. Amen.





TIME FOR EVERYTHING

The festive season of Christmas is followed by the festive celebration of New Year. It will last for about a week or two. After that, a new season will happen, followed by the Chinese New Year celebration.

During festive seasons, surely there are lots of happy moments, laughter, dance, love and merriest spirit. Let's enjoy every moment to the full with a grateful heart to God.

However, there are times when you and I are in a low season of life, for example, during the current Covid19 period. It creates lots of worries, anxiety and stress. Fear not! Just like all the other season, this Covid19 time will not last forever. It will stop. It will disappear.

Just like what King Solomon wrote, there is time for everything and everything happens for a reason. Bad times and good times will come and go. Seasons and people change. But, one thing for sure, God will never leave you. God's love never changes.

Key verse:

Ecclesiastes 3:1
There is a
right time for
everything,
and everything
on earth will
happen at the
right time.

Prayer

Dear God, I know that in every season of my life, You are there with me. You never leave me. My heart is filled with thankfulness. Amen.





TOGETHER IS BETTER

It is easier to break one stick than two or three sticks that are bundled together. It will be more fun to watch a movie at the cinema with your friends rather than watching it alone. It will be merrier to have a meal at the restaurant with your family rather than having it alone.

Having friends is not only fun, but it is also important. Your friends will help to encourage you when you are down. Encouraging friends will lift you up when you are down and always put you in a brighter mood.

When you are about to give up or turn away from God because you are too down, your true friend will help and pick you up so that both of you will be able to stand stronger in God. It is easier to stand up from being stumbled when someone helps you.

Two are better than one because they are stronger together and harder to fall apart. God made you and me to encourage one another so that we can show care and remind and encourage one another.

Key verse:

Ecclesiastes 4:9
Two people
are better than
one. When two
people work
together, they
get more work
done.

Prayer

Dear God, thank You for my friends who encourage and care about me. Help me to show Your love to others through my friendship. Amen.



BE CAREFUL AND BE TRUTHFUL

hen you come to Church, it is not only about singing, praying and sitting down nicely for the sake of listening to the Bible lesson. It is more about your attitude and your heart.

The Bible says when you come to worship Him, you need to ensure that you have a heart that is ready, attentive and receptive to God's word. Sometimes, while we are physically at Church, our heart is miles away. God knows our heart. He appreciates our sincereness and truthfulness.

When you pray to God, it is not about giving beautiful yet meaningless words. It is more about your heart. Do not say something for the sake saying it, but in the end, you fail to keep your words to God. When you talk to God, be sincere and truthful.

Key verse:

Ecclesiastes
5:2a
Think before
you speak.
Be careful
about what
you promise to
God...

Prayer

Dear God, let my prayers always be sincere and truthful. You know my heart. Guide and teach me, oh Lord. Amen.





ONLY GOD CAN TRULY SATISFY

If you are a chocolate lover, you will always want to eat chocolate. Each time you see chocolate, no matter how full you are, you will still want to eat a bit of it. Even sometimes one chocolate bar is not enough for you. You'll end up eating more than one chocolate bar! Eating too much chocolate will not be good for your health. It is important to control your desire.

Just because you like something, it does not mean that you may have it as much as you want it. We must train ourselves to have a contented heart, or to be happy with what we already have.

The TRUTH is only God can fully satisfy your need and desire. This is why it is crucial to always stay connected to God through prayer, worship and reading His Words. His love and His presence in your life will make you feel content.

Key verse:

Ecclesiastes
6:9a
So it is better to
be happy with
what you have
than always
to be wanting
more...

Prayer

Dear God,
capture my
heart with Your
love and bring
me deeper in
Your presence.
Only You can
satisfy my soul,
heart and desire.
Amen.



LIVE LIFE TO THE FULLEST

ave you ever heard or seen or even experienced something that was totally surprising and unexpected before? It was so unexpected that you started to think that life was so unpredictable.

Scientists may be able to calculate time or gravity but no one will ever know about his or her future. No one knows what will happen to them in a year ahead, in a week ahead or even in the next hour as no one can predict the various circumstances or opportunities in life.

This is why we should live life to the fullest with God being at the center of it all. King Solomon writes that we should see the length of our days on earth as a gift from God thus we should maximize the gift of life and enjoy each moment God has granted us. We should cherish and treasure every moment we have.

Be kind to your dad and mum. Be caring to your brother or sister. Be thoughtful to your friends. Be helpful to your teachers and neighbours.

Key verse:

Ecclesiastes 9:9b... Enjoy all the days of this short life God has given you here on earth.

Prayer

Dear God, I want to maximize every moment that I have on earth to the fullest and to enjoy every second of it with thankfulness.
Amen.

