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SEP
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1 TIMOTHY 1:4-6

FACT VS MYTH

Have you heard about vampire or Godzilla? Do you think that they are real and really exist? They are just mythical characters. A myth is a traditional and fictional story, and typically involving supernatural beings or events. It is not a true story.

Through this Bible verse, Paul is reminding us not to spend time on myths or stories that are not true, so that we will not fall into false teachings. When we believe in false teaching, we will be led into doing the wrong things and we will be dragged away from what is right.

It is good to read and enrich ourselves with what is happening in the world but do not let ourselves be misled by things that are not true. The best way to prevent this is by reading and meditating on the Bible every day, so that we will know which one is true and which one is not.

Meditate on God's word every day and we will know the truth and our faith in God will grow. Consequently, we will do what is right and further the work of God through our daily lives.

Key verse:

*1 Timothy 1:4a
Tell them not to spend their time on stories that are not true.*

Prayer

*Dear God, open my eyes to always be able to distinguish Your truth from myths or false stories.
Amen.*





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1 TIMOTHY 5:1-2

TREAT PEOPLE WITH RESPECT

Being respectful means acting in a way that shows care for how your actions may impact others. We can show respect for people, places and things. In the Bible, Paul taught us how to treat the older men and women, and also the younger ones.

The first thing he mentioned is that we should not speak harshly to older men or women as we must treat them in the way we treat our own dad and mom. Be polite and patient with them. By doing this, we are obeying God's word.

Secondly, we should treat people who are younger than us with tender love. Do not be rude to them or belittle them just because we are older than them. Be a good example and show our care and love for them.

Let's be kind, respectful and encouraging to everyone regardless of age or any other condition.

Key verse:

*1 Timothy 5:21
Before God and Jesus Christ and the chosen angels, I tell you to make these judgments without any prejudice. Treat every person the same.*

Prayer

Dear God, help me to always remember to treat everyone equally with respect and love. Amen.





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2 TIMOTHY 1:6-9

PROUD TO BE A CHRISTIAN

Jesus, we're living for Your name
We'll never be ashamed of You
Our praise and all we are today
Take, take, take it all
Take, take, take it all...

This is part of the song "Take It All" by Hillsong United. What is written in this song is very much related to what Paul wrote in this verse: Do not be ashamed to tell people about our Lord Jesus.

Paul taught Timothy and us not to be ashamed to be a Christian. Instead, we should be proud to be a Christian. When someone asks you if you are a Christian, you should be proud of it and answer confidently, "Yes, I am a Christian!"

Our God is the Creator of the Heaven and the earth. Jesus came to earth, died for us and rose again so that we who believe in Him will have eternal life in Heaven. Let me tell you a secret! Jesus is never ashamed of us. He thinks of us as His own family and we are part of His eternal kingdom. If Jesus is not ashamed of us, shouldn't we also be proud of being known by Him?

Be proud to be a Christian and to tell people about our Lord Jesus.

Key verse:

*Hebrews 2:11
Both the one
who makes
people holy and
those who are
made holy are of
the same family.
So Jesus is not
ashamed to call
them brothers
and sisters.*

Prayer

*Dear God, I am
so proud to be
called Jesus'
followers and
thank You for
never being
ashamed of me.
Amen.*





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2 TIMOTHY 2:11-16

DO YOUR BEST

Paul encourages Timothy and us to do our best in everything we do to present ourselves to God as one approved. To be able to do our best, we need the Bible. The Bible teaches us what we should do and what we should not do so that we always be at our best. Getting God's approval means pleasing God with our lives.

We need to do our best, putting much effort and diligence in doing God's will. Paul also mentioned that we should avoid godless chatters. Godless chatters in this context refer to people whose teaching is contradictive to the Bible, or what Paul called as false teachers.

Meditate on God's word. Walk in His word. Spread the word of truth whenever possible. Avoid godless chatters. These are the things that we can do to present ourselves to God as one approved. Let God's name be glorified.

Key verse:

*2 Timothy 2:15
Do your best to present yourself to God as one approved, a worker who does not need to be ashamed and who correctly handles the word of truth.*

Prayer

Dear God, Your words lead me to be my best and to be Your child that pleases You. Amen.





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2 TIMOTHY 3:10-17

THE BIBLE IS INSPIRED BY GOD

Paul emphasised how powerful the Bible is. This is inspired by God. It has what God wants to tell us and it is very useful for teaching, rebuking, correcting and training us in righteousness.

For teaching means it instructs us on how to live as God's people. Read Mark 12:30.

For rebuking means it exposes our sin and wrongdoing to lead us back to the right path. Read Revelation 3:19.

For correcting means it corrects us when our way is not where it should be. Read Hebrews 12:6.

For training means it guides and strengthens us daily to live in righteousness. Read Proverbs 22:6.

The Bible has the answer for every situation that you face.

When you need encouragement, read Zephaniah 3:17.

When you feel sad, read Psalm 34:17-20.

When you feel stressed, read Matthew 11:28-30.

When you're scared, read Joshua 1:9.

Reading and memorising Bible verses are very useful to help us whenever we need help.

Key verse:

*2 Timothy 3:16
All Scripture is
God-breathed
and is useful
for teaching,
rebuking,
correcting
and training in
righteousness.*

Prayer

*Dear God, thank
You for Your
powerful word.
Let Your word live
in me and let me
live in Your word.
Amen.*





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TITUS 1:15-16

BE PURE, NOT POLLUTED

According to the dictionary, pure means not contaminated, not mixed with any other substance. A pure person means without evil intent; honest; sincere.

The water inside a sealed bottle is pure but when you add some sand into it, it becomes polluted and no longer pure. Being polluted or contaminated is the opposite of being pure. Polluted water is harmful for health because there's some unsafe material in it.

God wants our hearts to stay pure like the water inside the sealed bottle. If we fill our hearts and minds with sinful thoughts and worldly desires, we become like the polluted bottle of water with sand.

As we keep our hearts and minds pure, we will be able to see and understand God's will that is written in the Bible. We will understand why God loves us and how much He loves us. We will not want to dwell in sins or let sins pollute us.

This way, we can see and feel God in our lives. As we feel His love and His presence daily, our hearts will always be filled with praise and thankfulness to Him.

Key verse:

*Titus 1:15a
To people
who are pure,
everything is
pure. But to
those who are
full of sin and
don't believe,
nothing is pure.*

Prayer

*Dear God, make
my heart pure
and clear from
any wickedness
so that I can
always see
and feel Your
presence and
love. Amen.*





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TITUS 2:7-8, 11-14

BE A GOOD EXAMPLE

The world is subconsciously looking for reliable examples to follow. We sometimes follow the latest toy or fashion trend. There are some trendsetters, youtubers, actors or actresses and Instagram stars whom we might follow and copy.

Paul reminded everyone to set a good example in every way. This command is also for you and me. We're not too young to set a good example for other people.

For example, at school, you might be the only Christian amongst your non-Christian friends. You can start setting an example by showing sincere care to your friends, being an honest student, or being a helpful friend to your classmate who is struggling with a certain subject.

We do not have to shout and announce that we're Christians. The best way to set an example is to live a life fully submitted to Jesus. By doing so, your non-Christian friends will see Jesus in you and your life can be impactful to them.

Key verse:

Titus 2:7

You should be an example for them in every way by the good things you do. When you teach, be honest and serious.

Prayer

Dear God, empower me with Your Spirit so my behaviour, attitudes, words and thoughts are in line with Jesus'. Amen.

